



SPRING INTO SERVICE



Office Address: 422 N. Main St., Pittson, PA 18640
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Monthly IGR Meeting: Meeting held at 7PM the 2nd Tuesday of the month at Queen of the Apostles School bldg. 715 Hawthorne St, Avoca, PA 18641
Want to submit something? Email: nepaigmessenger@gmail.com
Website: https://aaintergroupnepa.org

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Learning to Live the Triangle

Service in Alcoholics Anonymous has looked different at varying points in my sobriety thus far. The exciting part is I can continue to grow in this part of the triangle (and all the others) continuously, and proceed to have new experiences. The only thing I know is that I know nothing, and if I keep this kind of attitude there is endless room for God to come in and for spiritual growth to occur.

I need all sides of the triangle incorporated in my life – Recovery, Unity, and Service. I did not get sober to struggle or stay miserable. Nowhere in our literature does it tell us we have to wait to recover. With the recovery side of the triangle, I can get into the steps right away. For me, being full of desperation and an immense amount of pain in the beginning, it was the perfect starting point to dive into the work. However, there have been times where I’ve been in that much pain and didn’t do anything with it. I’d start to feel a little better, do none of the work, and then wonder why I’d drink again. So I suggest that newcomers take advantage of that real gift of desperation and get into the work right away with a sponsor who has had a spiritual awakening as the result of these steps.

With unity, I can look at in terms of my own conduct and how I am contributing to the fellowship – or the lack thereof – and how I am acting amongst my fellows. Am I practicing the principles to further unity, or am I acting prideful with self-seeking motives? I am but one part in contributing to the unity of the fellowship and A.A., but there’s a sense of responsibility that I must be willing to take – to unify rather than divide, while still upholding the principles of our program.

With service, I can start by taking a coffee commitment or seeing if I can tag along with someone to a rehab speaking commitment. Eventually that can turn into sponsoring others after I’ve been through the steps, and many more opportunities continue to arise. For me, the whole point of going through those steps in the foundation of our triangle is so I can carry our message to the next alcoholic. But service can start anywhere at anytime and can help propel me into a spiritual plane of thinking of what I can do for others rather than myself. The opportunities to think of others instead of myself are endless, am I willing to seek them though? Am I willing to ask God for this willingness?

If I had to wait a year to get through the steps, take a commitment, get involved or sponsor someone, I may have drank, died or just continued to be a leech of A.A like I have been in the past. So why wait to recover? Why wait to contribute and be of service? Why wait to discover the fellowship that I crave? There’s plenty more alcoholics out there that need to hear our message. I can incorporate all sides of the triangle into my life regardless of where I am at in my sobriety.

Emily J.

What is one reason service matters to A.A.'s future?

Sobriety teaches us to carry the message, and service work gives us practical experiences that teach us how to carry the message. When we spend time with AAs in service, we see it works!

- Mary, Website

Without service, AA stops reaching the alcoholic who still suffers—and that's the heartbeat of AA's future.

- Christine, Chairperson

Service matters for AA because it keeps AA functioning, and it matters to me because it gives my life fun and value.

- Moe, Activities Director

I believe a huge part of AA is to serve the community, not oneself.

- Jimmy J, PI Director

It is one of the three sides of our triangle, and is as important as unity and recovery. Without service, no one truly recovers.

- Patrick, Vice Chair

Because it helps me stay sober, and carry the AA message.

- Jeremiah, Institutions Director

This question makes me think of something I once heard. "The traditions got me sober". From it being displayed to me in the help I received, or learning to meet others where they're at, it keeps me teachable; Which is critical for how we meet anyone, anywhere looking for help in an ever-changing world.

- Charlie, Central Office

I believe service for AA is a benefit to society and oneself. It benefits society for when someone needs AA, they are aware of it. It benefits oneself because it keeps it green for that person.

- Frank, Treasurer

Service matters for AA's future because it teaches us how to implement the 12 traditions. Without service I would still be self-seeking and possibly have fewer solid and healthy friendships in my life.

- Natasha, Institutions Committee



Service in Action: The NEYPYAA Bid Committee

The Northeast Pennsylvania Young People in Alcoholics Anonymous (NEYPYAA) Bid Committee is a service-driven group of young—and young at heart—members of Alcoholics Anonymous committed to unity, recovery, and carrying a message of hope throughout Northeast Pennsylvania. Guided by the Twelve Steps, Twelve Traditions, and Twelve Concepts for World Service, our committee believes what our experience has consistently shown: we grow and stay sober through active service.

As outlined in our bylaws and mission, NEYPYAA exists to bid for—and ultimately host—the Pennsylvania State Conference of Young People in AA (PENNSCYPAA) in the Northeast region. Hosting the state conference would allow us to showcase the strength of our local fellowship, connect young people across Pennsylvania, and create a space where recovery, leadership, and lifelong friendships can flourish.

Our structure reflects that commitment. Through an organized operating committee and dedicated subcommittees—events, outreach, fellowship, finance, and bid planning—we ensure that every action aligns with AA principles and group conscience. Regular meetings, clear service roles, and financial responsibility allow us to operate with integrity and purpose.

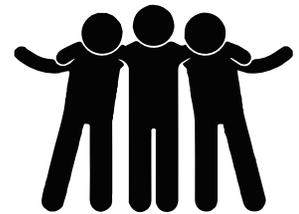
Most importantly, we bring recovery to life through fellowship events that make sobriety engaging and accessible. In November 2025, we hosted a Friendsgiving celebration that brought members together for gratitude, food, and connection during the holidays. In February 2026, our “Love At First Fright” BINGO event combined laughter, games, fellowship, and recovery in a welcoming sober environment. These gatherings weren’t just social—they were reminders that recovery can be joyful and that no one has to do this alone.

Looking ahead, we’re excited to host a Trivia Night in April 2026 and continue building creative, sober spaces where young people can meet, serve, and grow together. Each event helps strengthen the bonds that keep us sober and connected to AA as a whole.

NEYPYAA is powered entirely by volunteers, and our success depends on participation. It truly takes a village. If you want to give back what was freely given to you, there’s a place here—whether on the main committee or the events subcommittee. Service is how we stay connected, how we grow, and how we ensure the message reaches the next person who walks through the door.

Together, we are building a stronger, more unified recovery community in Northeast Pennsylvania—one meeting, one event, and one act of service at a time.

JD B. , NEYPYAA Chairperson



A First NERAASA Experience

I had the opportunity to attend my first ever Northeast Regional Alcoholics Anonymous Service Assembly (NERAASA) event in Portland, Maine, which was truly unforgettable. I met so many people dedicated to service from all along the Eastern Seaboard, and the spirit of fellowship was everywhere.

One of the highlights was getting to meet the CEO and the Editor of the AA Grapevine/La Viña and hearing more about the work they do to carry the message. We also enjoyed a hilarious skit that had the whole room laughing and reminded us that even in service, joy and humor are a big part of the journey.

It was a weekend full of learning, connection, and inspiration that I won’t soon forget.

Christine, IG Chairperson

Upcoming Events

AREA 59 PRESENTS

ALL INTERGROUP DAY



Join Us To Listen, Learn, and Share:

- Roundtables
- Panel Discussions
- Open Sharing
- Unity in Action

All Intergroup Day is a collaborative gathering where intergroups, Central Offices, and Districts By Committee come together to share experience, strengthen unity, and celebrate the vital hand-in-hand work that connects the still-suffering alcoholic to our Fellowship.

Where and When?
March 28th, 2026
Easy Does It Inc.
 1300 Hilltop Rd
 Leesport, PA 19533
Doors Open at 10am
Program from 11am-3pm
Continental Breakfast and Lunch will be provided



Get Out Your Head- Do Service Instead!

For More Information, Email: at-delegate@area59aa.org
www.area59aa.org

Eighth Annual KEYSTONE CONFERENCE



- **KATIE P.** — Austin, TX
- **CHAD P.** — Ocean Grove, NJ
- **MARI G.** — Toronto, Canada

Voice: Samantha G., Scranton, PA

April 10 & 11, 2026

**St. Nicholas Church, 226 S. Washington Street
 Wilkes-Barre, PA 18701**

Friday, April 10th from 6:30 to 9:00 p.m. Doors open at 5:30 p.m.
 Saturday, April 11th from 9:00 a.m. to 9:00 p.m. Doors open at 8:30 a.m.

Registration \$25 – includes coffee, snacks, and Saturday lunch
 Register online: [www.https://keystoneconference.dudaone.com](https://keystoneconference.dudaone.com)

Eyeopeners Group



40th ANNIVERSARY

1986-2026

Saturday, March 28th
 St. Stephen's Church
 35 South Franklin St
 Wilkes-Barre, PA
 Meeting 7am
 Food & Fellowship 8am



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Announcement: New Vista Group's 8PM Friday night zoom meetings are now also IN PERSON! Located at 1528 Newton Ransom Boulevard Clarks Summit, PA.

Upcoming H to H Dance

Get Ready to Dance the Night Away!



Mark your calendars for an unforgettable evening at the H to H Dinner Dance!

Join us on Saturday, April 25, 2026, from 6:00–11:00 PM for a night filled with great food, lively dancing, and exciting surprises. The event will be held at the DoubleTree by Hilton (formerly the Holiday Inn), located at 600 Wildflower Drive, Wilkes-Barre—conveniently right off Route 81, Exit 170A.

Enjoy a delicious dinner, hit the dance floor, be inspired by a special guest speaker, and try your luck with tricky trays and a 50/50 raffle. There's something for everyone, and plenty of chances to win!

☎ For more information, please contact
Moe H at 570-436-8432 or Brittany at 570-436-7516.

Don't miss this fun-filled night—we can't wait to see you there!

NEPA 77th Annual
H to H Dinner Dance
Dreams Really Do Come True
Saturday, April 25th, 2026
6:00 PM – 11:00 PM
DoubleTree (formerly the Holiday Inn)
600 Wildflower Drive
Wilkes-Barre, PA 18702
East Ballroom
Tickets: \$40 per person
Dinner Choices
◆ Teriyaki Vegetable Stir-Fry
◆ Chicken Parmesan with Spaghetti & Vegetable
◆ Roast Beef Tips with Potato & Vegetable
◆ Parmesan Encrusted Haddock with Potato & Vegetable
An Evening to Remember...
◆ Enjoy a delicious dinner...
◆ Hit the dance floor
◆ Be inspired by a special guest speaker
◆ Try your luck with Tricky Trays & a 50/50 Raffle!
For Tickets or Information:
Contact: Moe H – 570-436-8432
or Brittany – 570-436-7516

The Maintenance Steps in Action

Steps Ten, Eleven, and Twelve are often referred to as the maintenance steps of Alcoholics Anonymous. I have found these steps to represent what truly living this program looks like. After taking the first nine steps, I was given the chance to find God, complete an honest self-appraisal, and clear the wreckage of my past. Recovery, unity and service are the pillars of this program, and through the action of Steps 10, 11 and 12 I can be an example of what this program is designed to do: find a new way of living and pass the message to the next alcoholic. These are the steps that turn the principles I have been shown into a way of life.

Step Ten gives me directions that allow me to connect to the pillar of recovery. As it encourages me to *continue* to examine myself, ask God for direction, discuss my mistakes with another alcoholic, make amends if needed, and immediately turn my thoughts to someone I can help. Many believe this is a step to be taken between you and God! Quite the contrary – you will find this step brings you closer to your fellowship. We will also be given a chance to see where we may still be blocked, for we admitted that “solitary self-appraisal insufficient”. This step reveals any lingering hope my ego may still have to run the show. Step Ten is where I find that I can have continued spiritual experiences in the trials and low spots ahead. I dare the reader to be wrong – almost encourage it

Step Eleven shows me how to relate prayer and meditation to unity through spiritual connection. Humility and guidance, beyond my self-will, are developed when implementing a practice to improve my conscious contact with God. Through this step I am taught to listen rather than react, seek direction rather than control, and live with purpose rather than live in fear. This gives me a deep and meaningful connection to people both in and out of the rooms. The nightly review is another one of those tools that may point out where I am blocked. Simply inviting God into my thoughts can bring guidance that can be carried into the next day. Also, do not be afraid to share these results with other alcoholics, it has been shown to increase effectiveness with this step.

Step Twelve embodies the final pillar of service: carrying this message to alcoholics who still suffer. The program that has given me a new and meaningful way of living must be freely passed on. As the book says, “Frequent contact with newcomers and with each other is the bright spot of our lives”. If at this step we find ourselves afraid of sponsorship, we must be willing to examine whether we missed out on a piece of crucial information along the way. A common problem found in this step is taking responsibility for others falling short. I am not responsible for anyone else’s sobriety or lack thereof, I can just share my experience and pass along this message as it was given to me. This may be a crucial lesson in learning about oneself – I am not to deprive my spirit of this. There are all sorts of ways to be a service to other alcoholics, but the book specifies the need for sponsorship, as there is an entire chapter dedicated to this cause. So remember that “Nothing will so much insure immunity from drinking as **intensive** work with other alcoholics”.

- Casey N. , Gals Group